

## Stundenplan WingTsun Schule Worb

| Disziplin | Zeit | Ausbilder/in | translation missing: de.pdf.info |
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### Montag

|          |               |                     |  |
|----------|---------------|---------------------|--|
| ChiKung  | 08:45 - 09:45 | Sifu Patrick Bühler | ChiKung: Bewusstsein, Energie, Beweglichkeit erleben |
| WingTsun | 09:45 - 10:45 | Sifu Patrick Bühler | WingTsun Light                                       |

### Dienstag

|              |               |                        |                              |
|--------------|---------------|------------------------|------------------------------|
| WingTsun     | 09:00 - 10:30 | Sifu Patrick Bühler    |                              |
| KidsWingTsun | 16:45 - 17:30 | Sifu Patrick Bühler    | Zwergen WingTsun 3 - 7 Jahre |
| KidsWingTsun | 17:50 - 18:50 | Sifu Patrick Bühler    | Kinder 7 - 10 Jahre          |
| ChiKung      | 19:00 - 20:00 | Sifu Patricia Feldmann |                              |
| WingTsun     | 20:05 - 21:35 | Sifu Patrick Bühler    |                              |

### Donnerstag

|              |               |                     |                      |
|--------------|---------------|---------------------|----------------------|
| KidsWingTsun | 18:20 - 19:20 | Sifu Patrick Bühler | Kinder 10 - 14 Jahre |
| WingTsun     | 19:30 - 21:00 | Sifu Patrick Bühler |                      |

### Samstag

|          |               |                     |                   |
|----------|---------------|---------------------|-------------------|
| WingTsun | 10:00 - 11:30 | Sifu Patrick Bühler | (freies Training) |
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